

b
spa





A LUXURY RESORT SPA EXPERIENCE UNLIKE ANY OTHER...

Each b Spa service represents a unique personality from the tapestry of vineyards and climates of the Napa Valley landscape. b Spa offers a quaint haven to reconnect with nature while nurturing your inner being. Select ingredients are hand-picked from our Bardessono certified-organic garden and added to our services to renew and invigorate the mind and body. We encourage you to set an intention to b renewed and b restored.

Every resort guest room suite has been designed to transform into a personal spa for you to enjoy any massage or bath in complete comfort, privacy and serenity.

FACIAL THERAPIES

Vitalessence | 50 minutes | \$225

A uniquely customized facial featuring a deep-cleansing care system and a multi-acid resurfacing peel to rebalance the skin for a smooth and renewed texture. This healing treatment also includes a luxurious lift off hydration mask enriched with the softening agents of seaweed and red fruit extracts helps reduce puffiness while tightening pores and leaving skin dewy and radiant.

Luminessence C25 | 50 minutes | \$235

Recover a luminous and brighter looking complexion with this multi-corrective anti-aging treatment that features three skin brightening steps: 30% Glycolic Acid peel; 25% time-defying Vitamin C; and a skin clarifying modeling mask. These active steps work in synergy to brighten and rejuvenate the skin and reverse visible signs of skin aging. Skin looks and feels youthful with renewed radiance and density.

Ageless | 80 minutes | \$325

This supreme age correcting intensive facial is the perfect balance of technically advanced products and sensory pleasure. A multi-corrective, high performance approach of exclusive techniques, Energy points, firming and lifting care produces long-lasting moisture. A premium bio cellulose mask and energizing serum smooths fine lines and stimulates collagen while a dual exfoliation with draining techniques boosts microcirculation. Eye and lip contouring complete this luxurious treatment resulting in more pronounced facial definition.

FACIAL THERAPIES - continued

b Renewed

Bardessono presents Linda Meredith Oxygen Therapy Facial Treatments

Haute Couture Oxygen Therapy Facial | 60 minutes | \$295

This unique medical grade oxygen treatment and its complementary bespoke serum visibly plumps and firms the skin with just one treatment. Incredible results are obtained with a course of six treatments close together, ensuring the effects remain over a period of months.

Haute Couture Oxygen Therapy Facial Plus Collagen OR Hyaluronic | 80 minutes | \$375

The Haute Couture Oxygen Therapy Facial with the addition of freeze-dried collagen OR infused hyaluronic acid moistened into the contours of the face. The ingredients are absorbed deep into the epidermis at an extraordinary rate via the oxygen concentrator and deeply hydrated, noticeably plump skin is immediately visible.

The V-Tox Oxygen Facial | 80 minutes | \$395

This facial is designed for those who want incredible results and do not want to undergo an invasive cosmetic procedure. The Linda Meredith Oxygen treatment is carried out and then the V-Tox is added to specific areas that need to be treated, or a fine layer is applied over the entire face and neck. The algae derivatives relax the skin as the product is infused deeper with a steady flow of oxygen. Your skin will be amazingly plump, hydrated and moisturized with fine lines diminished.

The V-Tox Oxygen Facial Plus Collagen OR Hyaluronic | 100 minutes | \$475

A facial within a facial, this V-Tox Oxygen Facial includes freeze-dried collagen OR infused hyaluronic acid moistened into the contours of the face. The ingredients are absorbed deep into the epidermis at an extraordinary rate via the oxygen concentrator for unquestionably stunning results.

BODY THERAPIES

Vino Polish | 50 minutes | \$250

A guest favorite, this full body treatment uses local crushed grape seeds, sea salts, lavender and other nutrient-rich ingredients to restore radiance. A luxurious grapeseed body butter massage softens the skin and adds ultimate hydration.

AromaSculpt | 50/80 minutes | \$250/\$350

A total body toning ritual that transports you to the freshness of oxygen rich forests and the healing forces of nature. A warm double sugar scrub dissolves into a milky emulsion that melts into your skin as a nourishing moisturizer. Next, a toning aromatherapeutic body massage with Chinese Bamboo sticks invigorates the body while controlling the appearance of cellulite and enhancing sculpting results. The specialized techniques are both vibrational and gentle, bringing lightness, energy and contour to the legs and gluteal muscles. You'll leave this luxurious full body slimming treatment noticeably more toned and with a deep sense of relaxation and well-being.

Garden Harvest Wrap | 80 minutes | \$350

Gentle, yet invigorating body brushing stimulates the lymphatic system to encourage the removal of toxins and prepare the body for a soothing white clay mask and body wrap followed by a massage with our blend of antioxidant-rich body soufflé and seasonal fresh herbs from the Bardessono Organic Garden. Your skin is soft and moisturized. Extend the results at home with your complimentary body brush.

MASSAGE THERAPIES

b Massage | 50/80minutes | \$225/\$325

This signature massage allows you to choose from two Bardessono custom blends of aromatic oils synergistically combined with rhythmic, free- style techniques that are performed in harmony for relief from muscle tension and to promote deep relaxation.

Maternity | 50/80 minutes | \$225/\$325

A customized massage to meet the distinct needs of our pre and post-natal guests for relief from muscle fatigue, lower back pain and increased strain on bones, muscles and ligaments.

AromaFusion | 50/80 minutes | \$250/\$350

A sensory escape devoted to total body wellness featuring warm floral essential oils to nourish the skin and an aromatherapeutic body massage with heated, mineral rich volcanic stones to release deep muscle tension. Digitopressure techniques specifically for hands and feet help eliminate blockages of the body's subtle energy or "Chi". This massage awakens your senses and boosts you during times of physical or mental fatigue by improving the body's microcirculation, deeply eliminating toxins, and imparting a blissful feeling of overall wellness.

Salt Stone Massage | 80 minutes | \$350 (Only available in Spa Therapy Center)

Himalayan salt stones are warmed and applied to targeted areas for increased circulation, mineral absorption and release of negative ions that help elevate your mood while easing muscle tightness.

b Connected

Enjoy any of our body or massage therapies as a couple's service for a deeper sense of connection. (Priced per person).



ENHANCEMENT THERAPIES

Wellness additions to elevate your services and create a more personal spa journey. These enhancements are performed within the time frame of your service and do not add additional time to your service

CBD | \$40

Locally made CBD infused with eight pain relieving herbs including arnica, ginger and chamomile along with organically grown broad spectrum hemp oil.

Scalp Therapy | \$40

A luxurious scalp massage with warm conditioning hair oil

LED Facial Light Therapy | \$40

Experience the therapeutic benefits of 7 different light sources that promote circulation, calm skin redness, increase collagen, improve fine lines and tighten and brighten your skin.



BATHING THERAPIES

Slip into your robe, relax and enjoy a personalized bathing ritual from one of our exclusive Bardessono Bath Butlers in the unhurried luxury of your resort suite.

Lavender Cloud Bath | \$195

Drift into bliss with an herbal-infused lavender and chamomile bath to quiet the mind and still the body for deep rest and restoration.

(Includes aromatherapy candle and lavender roll-on)

CBD Wellness Bath | \$195

Sink into relaxation with spa-grade, antioxidant rich CBD oil, soothing Epsom salt and arnica. Decrease stress, pain and inflammation while softening the skin with nourishing Shea and coconut oils.

(Includes aromatherapy candle and 1oz CBD massage oil)

Aroma Bath & Bubbles | \$225

Breathe deeply as you soak in a soothing aromatherapy bubble bath of essential oils while sipping the season's select Napa Valley champagne (Aromatherapy candle and bottle included)

WELLNESS THERAPIES

b Well

Center yourself with mindful movement to decrease stress, improve, sleep and promote a healthy lifestyle. Please inform the spa concierge at the time of booking on which style of yoga you would like to experience. Classes require booking 24 hours prior to appointment time.

Yoga

Private lesson | 60 minutes | \$350 | 1-2 guests

All classes are tailored to fit your individual needs. Pricing is per class (subject to change).

Guided Meditation

Private session | 30 minutes | \$225 | 1-2 guests

A guided meditation experience designed to calm the mind, relax the body and center the soul.

Guided Meditation + SOUND HEALING

Private session | 30 minutes | \$315 | 1-2 guests

A guided meditation incorporating the vibrational energies of crystal and brass singing bowls for a deeper relaxation experience.

Personal Training

Private session | 45 minutes | \$350 | 1-2 guests | \$500 | 3-5 guests

Core To Cork™

Personal Training + Wine Tasting | 75 minutes | Add \$50 per person to Personal Training prices above

A uniquely blended Napa Valley experience focusing on wellness + wine. Combining fitness, fun and wine education, this unforgettable tasting in an unrivaled setting will delight your senses and make lasting memories.

All fitness sessions are tailored to fit your individual needs. Pricing is per session/class (subject to change).



POLICIES

Disconnect to Reconnect

Cell phone use is not permitted in the b Spa Therapy Center.

Spa Cancellation Policy

As a courtesy to other guests and our therapists, if you need to cancel or reschedule an appointment, please give a 24-hour notice to avoid a 50% cancellation charge. "No Shows" will be charged the full treatment price. Day package or multiple cancellations require a 72-hour notice to avoid a 50% charge. If you are running late, a phone call is always appreciated. Your arrival time will determine the length of your treatment time, which will end as scheduled so that the next guest may begin promptly. In this case, you will be charged the full amount of your originally scheduled treatment.

Service Charge

Treatment prices do not include gratuities. For your convenience, a 21% service charge will be added to all services.

Spa Hours Daily | 9:00AM - 6:00PM