



bardessono

YOUNTVILLE | NAPA VALLEY

REMINGTON

b SPA

Located in the heart of Yountville, nestled between mountain ranges and breathtaking vineyards, we take a mindful approach to living the good life. Inspired by the beauty and tranquility of the valley landscape, we've created a luxurious space with calming hues of green and earth tones. Bardessono embodies the true meaning of hospitality with enduring expressions of land and family, sustaining the same ideals fostered by the original Bardessono family farmstead.

B Spa at Bardessono is designed to experience spa services in the comfort of private guest suites, providing a sanctuary to restore and renew your well-being. Letting nature guide us we have created treatments that provide a sense of place while nourishing your body, mind and spirit. Escape the demands of everyday life as we awaken your senses and soothe your soul, leaving you feeling relaxed and rejuvenated. Any of our massages or body treatments can be enjoyed side-by-side for a personal couples' experience. Prices are per person

SEASONAL

Each treatment is designed around the needs of the season.

SPRING: Purify and renew to the desirable vitality.

SUMMER: Refresh, cool, and soothe during the warmth of summer.

AUTUMN: Relieve stress and restore balance of mind and body.

WINTER: Enhance your immune system and circulation.

We believe in the importance of fresh and organic ingredients and have dedicated ourselves to provide each guest with a unique experience that highlights the splendor of Napa Valley while acknowledging your specific needs.

YOUNTVILLE SIGNATURE EXPERIENCE

90 min (30 min scrub/60 min massage) | \$280

120 min (30 min scrub/60 min massage/30 min bath) | \$375 | *guest room only*

Chardonnay Wine Therapy products contain potent natural antioxidants which form a protective layer on the skin and stimulates the renewal of cells and collagen. To reveal your softest and smoothest skin we start with a full body exfoliation, using a gentle shea-butter enriched sugar scrub to nourish the skin and remove impurities.



Your time together is precious. These experiences have been designed to create an unforgettable spa journey with your loved one in the intimacy of your Guest Room. Prices are per person

COUPLES RETREAT

90 min (60 min massage/30 min bath) | \$ 220 per person | *guest room only*

120 min (90 min massage/30 min bath) | \$ 280 per person | *guest room only*

Reconnect with your sweetheart while you enjoy a blissful side-by-side massage in the intimacy of your Guest Room. Enjoy a personalized side-by-side massage in front of the fireplace. Followed by a relaxing bath while enjoying a glass of champagne.



The b Massages combine the talent of our skilled massage therapist with high quality organic ingredients to inspire well-being. The massages are designed to be enjoyed in the privacy of your guest suite.

BARDESSONO MASSAGE

60 min | \$185

90 min | \$265

Our team of experienced therapists will tailor your treatment to fit your needs and desires by incorporating a variety of therapeutic techniques to ease tension, address aches and pains and provide deep relaxation. Select from our unique seasonal blend and vinotherapy oils..

TABLE THAI MASSAGE

90 min | \$ 265

This massage consists of rhythmic stretching and compressions to increase flexibility, vitality and energy. The therapist uses their hands, feet and hips to perform yoga-inspired stretches.

**Please wear loose fitted clothing.*

WARM STONE MASSAGE

90 min | \$ 265

Practiced in ancient medicine for centuries, heated stone massage is a technique that is renowned for its healing and relaxing properties. A unique way to indulge, this specialty massage utilizes warmed stones to release tension and offer deep relief to sore muscles.

MOM TO BE MASSAGE

60 min | \$185

90 min | \$265

This nourishing treatment combines infused oils to bring peace and harmony to mother and baby. This full body massage is designed to answer the developing needs and present a nurturing treatment. The massage helps to ease aches and pains while dry skin is replenished and supported in the fight against stretch marks

SPA ESCAPE

60 min | \$185

90 min | \$265

Indulge yourself in a “head to toe” experience. Our therapist will give you a full body treatment starting with your legs and feet to relieve tension, followed by a back, neck and shoulder massage. Finish off this experience with a scalp massage that will leave you feeling relaxed and stress free.

Exercising regularly can improve almost every aspect of your health from the inside out. There is a wide range of benefits, from reducing the risk of chronic disease, aiding in digestion, improving sleep and brain function, to decreasing stress and elevating your mood. Exercise can also improve posture and stamina and is often more effective than dieting helping you to lose weight and keep it off. Enjoy getting fit the Bardessono way.

YOGA PRIVATE SESSIONS

75 min | \$175 | 1-2 guests

SMALL GROUP YOGA SESSIONS

75 min | \$300 | 3-5 guests

LARGE GROUP YOGA SESSIONS

75 min | \$500 | 6-10 guests

All of our classes are tailored to fit your needs. Please inform the spa concierge at the time of booking on which style of yoga/meditation you would like to experience.

*All classes must be booked 24 hours prior to time of appointment. For groups of 3 or more people waivers must be signed at the Spa prior to class.

Pricing is per class not per person



b Spa

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