



bardessono

YOUNTVILLE | NAPA VALLEY

REMINGTON

b SPA

Located in the heart of Yountville, nestled between mountain ranges and breathtaking vineyards, we take a mindful approach to living the good life. Inspired by the beauty and tranquility of the valley landscape, we've created a luxurious space with calming hues of green and earth tones. Bardessono embodies the true meaning of hospitality with enduring expressions of land and family, sustaining the same ideals fostered by the original Bardessono family farmstead.

B Spa at Bardessono is designed to experience spa services in the comfort of private guest suites, providing a sanctuary to restore and renew your well-being. Letting nature guide us we have created treatments that provide a sense of place while nourishing your body, mind and spirit. Escape the demands of everyday life as we awaken your senses and soothe your soul, leaving you feeling relaxed and rejuvenated. Any of our massages or body treatments can be enjoyed side-by-side for a personal couples' experience. Prices are per person

SEASONAL

Each treatment is designed around the needs of the season.

SPRING: Purify and renew to the desirable vitality.

SUMMER: Refresh, cool, and soothe during the warmth of summer.

AUTUMN: Relieve stress and restore balance of mind and body.

WINTER: Enhance your immune system and circulation.

We believe in the importance of fresh and organic ingredients and have dedicated ourselves to provide each guest with a unique experience that highlights the splendor of Napa Valley while acknowledging your specific needs.

YOUNTVILLE SIGNATURE EXPERIENCE

2 hours | \$360

Chardonnay Wine Therapy products contain potent natural antioxidants which form a protective layer on the skin and stimulates the renewal of cells and collagen. To reveal your softest and smoothest skin we start with a full body exfoliation, using a gentle shea-butter enriched sugar scrub to nourish the skin and remove impurities. Organic antioxidant Chardonnay oil is then used to melt away tension during the 90-minute massage while the hydrating hair and scalp treatment enhances deep relaxation.

Complete this unique experience with our antioxidant filled bubble bath that will renew body and mind. \$37 Add on – Guest Room Only



FARM TO SPA

2 hours | \$360

During this spa journey you will be exfoliated, wrapped and massaged with Seasonal Plant-based uplifting elements. After a gentle exfoliation, a scalp and foot massage will delight your senses as you are wrapped in a hydrating seasonal wrap. Your journey ends with a 60-minute Aromatherapy Massage that will leave you feeling blissfully relaxed and in true harmony with nature.

Your time together is precious. These experiences have been designed to create an unforgettable spa journey with your loved one in the intimacy of your Guest Room. Prices are per person

WINE COUNTRY YOU & ME

90 min | \$320 per person

Inspired by the healing properties of seasonal plant based elements, this aromatic rendezvous begins with a 30-minute body butter wrap. To enhance your relaxation our therapists will perform a foot treatment which will leave you glowing and rested during your wrap. Complete this experience with a 60 - minute warm stone massage in front of the fireplace. After your massage, while enjoying a bottle of champagne and a bite of something sweet, the therapist will prepare a sensuous, bath for two.

COUPLES RETREAT

60/90/120 min | \$220 / \$280 / \$380

Reconnect with your sweetheart while you enjoy a blissful side-by-side massage in the intimacy of your Guest Room. Enjoy a personalized side-by-side massage in front of the fireplace. Followed by an invigorating bath while enjoying a glass of champagne.



The b Messages combine the talent of our skilled massage therapist with high quality organic ingredients to inspire well-being.

The massages are designed to be enjoyed in the privacy of your guest suite.

BARDESSONO MESSAGE

60/90/120 min | \$185 / \$265 / \$360

Our team of experienced therapists will tailor your treatment to fit your needs and desires by incorporating a variety of therapeutic techniques to ease tension, address aches and pains and provide deep relaxation. Select from our unique seasonal blend and vinotherapy oils..

TABLE THAI MESSAGE

90/120 min | \$265 / \$360

This massage consists of rhythmic stretching and compressions to increase flexibility, vitality and energy. The therapist uses their hands, feet and hips to perform yoga-inspired stretches.

**Please wear loose fitted clothing.*

WARM STONE MESSAGE

90/120 min | \$265 / \$360

Practiced in ancient medicine for centuries, heated stone massage is a technique that is renowned for its healing and relaxing properties. A unique way to indulge, this specialty massage utilizes warmed stones to release tension and offer deep relief to sore muscles.

MOM TO BE MESSAGE

60/90 min | \$185 / \$265

This nourishing treatment combines infused oils to bring peace and harmony to mother and baby. This full body massage is designed to answer the developing needs and present a nurturing treatment. The massage helps to ease aches and pains while dry skin is replenished and supported in the fight against stretch marks

GENTLEMAN'S ESCAPE

60/90/120 min | \$185 / \$265 / \$360

Indulge yourself in a treatment that is tailored to your body and skin type. Our therapists will give you a full body treatment starting with your legs and feet to relieve tension, followed by a back, neck and shoulder massage that is tailored to fit your pressure needs and uses essential oils and luxury products selected on a seasonal basis to pamper our gentlemen. Finish off this experience with a scalp massage that will relax and relieve stress from head to toe.

PURIFYING MUD WRAP

60 min | \$185

Utilizing the power of nature, this mineral-rich mud wrap detoxifies, improves circulation and melts away tension. This treatment includes a salt scrub, mud wrap and rich buttercream leaving you refreshed and rejuvenated.

AFTER SUN SOOTHER

60 min | \$185

This wrap brings instant relief and intensive moisture to dry, sensitive, or sun damaged skin, leaving the epidermis calm, hydrated and soft. The treatment includes a relaxing head and scalp massage.



Enhance your experience with one of these 30-minute add-ons to personalize any spa service.

EXFOLIATED

30 min | \$85

Selected seasonal essential oils are blended with therapeutic scrub to remove dead skin and reveal a new, vibrant glow.

WRAPPED

30 min | \$85

Every season brings special needs for the skin and body.

GROUNDED

30 min | \$85

A relaxing and nourishing treatment for tired legs and weary feet includes a shea butter scrub, hot towels and an Eastern-inspired reflexology to restore flow throughout the body.

MUSCLE REVIVE

30 min | \$85

Ideal for those who suffer with tension headaches or neck strain. Invigorate and revive with a neck and scalp massage to soothe and alleviate built-up pressure and tightness

TARGETED LIFTING

15 min / 30 min | \$55 / \$85

Areas of concern such as sagging eyelids, cheeks, and/or necks are toned with microcurrent to improve muscle tone, reduce puffiness, increase cellular activity and tighten pores.

RED OF BLUE LED THERAPY

30 min | \$85

Healing light stimulates the production of collagen and elastin, helps repair sun-damaged skin, reduces redness, and fights acne-causing bacteria.

AROMATHERAPY

15 min / 30 min | \$55 / \$85

A beautiful integration of herbal and aromatherapy help to enhance the vitality and radiance of the skin



COLLAGEN LYMPHATIC INDULGENCE

90 min | \$285

A potent dose of antioxidants helps to protect, brighten and an increase of collagen. Combined with a signature lymphatic massage to release toxins from your skin and rejuvenate with essential nutrients. This facial provides ultra-hydration, and leaves your face feeling soft and smooth, reducing wrinkles and fine lines.

HIGH-PERFORMANCE POWER FACIAL

90/120 min | \$295 / \$355

Enjoy this red carpet facial that uses microcurrent that gently stimulates your facial muscles to reduce fine lines and acquire a more youthful appearance. Healing LED lights diminish scars, maximizes cell regeneration, stimulates collagen and elasticity. Your skin will be quenched with an anti-aging cocktail, riding fine lines and wrinkles.

TLC FACIAL

60/90 min | \$185 / \$265

Deep pore cleansing, exfoliation, steam and extractions as well as concentrated serums address specific skin needs. Enjoy complete relaxation through a soothing massage and customized treatment mask provide lasting results.

THE EXCLUSIVE GENTLEMAN FACIAL

60 min | \$185

Specifically designed for men, this results-oriented facial includes an old fashioned hot towel application to soothe irritated skin. This facial leaves your complexion instantly energized.

DEEP CLEANSE BACK TREATMENT

60 min | \$185

This treatment works to balance the skin's natural oils. The back facial draws out impurities and instantly softens, soothes and revitalizes your skin. We recommend adding this special treatment to any facial or massage..

Looking to escape and recharge, but prefer not to leave the comfort of your guest room? One of our b Spa Butlers will create a private spa experience for you to indulge in at your leisure. Just slip into your robe, relax and enjoy. *For hotel guests only.*

PEACEFUL SLEEP - TIMELESS

\$75

An essential oil bath will be drawn, and calming body butter provided to deeply hydrate your skin. A warmed herbal pillow is placed on the bed while soft sounds and an aromatic candle will help lull you into a peaceful sleep.

TRUE ROMANCE - TIMELESS

\$95

Sparkling wine, sweet treats and a candlelit bath can be arranged at a moment's notice. A massage table is set up in your guest suite with a sensual lotion sets the stage for a truly romantic experience.

SPRING: Purifies and renews

SUMMER: Relaxes the muscles and refreshes the spirit

AUTUMN: Balances the nervous system, grounding and harmonizing

WINTER: Enhances the body's circulation and supports the immune system



Exercising regularly can improve almost every aspect of your health from the inside out. There is a wide range of benefits, from reducing the risk of chronic disease, aiding in digestion, improving sleep and brain function, to decreasing stress and elevating your mood. Exercise can also improve posture and stamina and is often more effective than dieting helping you to lose weight and keep it off. Enjoy getting fit the Bardessono way.

YOGA PRIVATE SESSIONS

75 min | \$175 | 1-2 guests

SMALL GROUP YOGA SESSIONS

75 min | \$300 | 3-5 guests

LARGE GROUP YOGA SESSIONS

75 min | \$500 | 6-10 guests

All of our classes are tailored to fit your needs. Please inform the spa concierge at the time of booking on which style of yoga/meditation you would like to experience.

*All classes must be booked 24 hours prior to time of appointment. For groups of 3 or more people waivers must be signed at the Spa prior to class.

Pricing is per class not per person



b Spa
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