

$\frac{b}{spa}$

## b-Spa

A luxury resort spa experience unlike any other...

Each b Spa service represents a unique personality from the tapestry of vineyards and climates of the Napa Valley landscape. b Spa offers a quaint haven to reconnect with nature while nurturing your inner being. Select ingredients are hand-picked from our Bardessono certified-organic garden and added to our services to renew and invigorate the mind and body. We encourage you to set an intention to b renewed and b restored.

*Every resort guest room suite has been designed to transform into a personal spa for you to enjoy any massage or bath in complete comfort, privacy and serenity.*

Available during b Spa business hours.



## Facial Therapies

### VITALESSENCE

50 minutes | \$225

A uniquely customized facial featuring a deep-cleansing care system and a multi-acid resurfacing peel to rebalance the skin for a smooth and renewed texture. This healing treatment also includes a luxurious lift off hydration mask enriched with the softening agents of seaweed and red fruit extracts helps reduce puffiness while tightening pores and leaving skin dewy and radiant.

### LUMINESSENCE

50 minutes | \$225

Reveal a luminous and brighter looking complexion and reduce the look of dark spots with this effective resurfacing and renewing treatment. Patented time-defying Vitamin C and alpha & beta hydroxy acids naturally and effectively help brighten the skin. A hydrating pineapple and black currant mask lifts, smooths and energizes your skin resulting in a new skin effect with a radiant, youthful glow.

### AGELESS

80 minutes | \$325

This supreme age correcting intensive facial is the perfect balance of technically advanced products and sensory pleasure. A multi-corrective, high performance approach of exclusive techniques, Energy points, firming and lifting care produces long-lasting moisture. A premium bio cellulose mask and energizing serum smooths fine lines and stimulates collagen while a dual exfoliation with draining techniques boosts microcirculation. Eye and lip contouring complete this luxurious treatment resulting in more pronounced facial definition.

## Body Therapies

### VINO POLISH

50 minutes | \$250

A guest favorite, this full body treatment uses local crushed grape seeds, sea salts, lavender and other nutrient-rich ingredients to restore radiance. A luxurious grapeseed body butter massage softens the skin and adds ultimate hydration.

### AROMASCULPT

50/80 minutes | \$250/350

A total body toning ritual that transports you to the freshness of oxygen rich forests and the healing forces of nature. A warm double sugar scrub dissolves into a milky emulsion that melts into your skin as a nourishing moisturizer. Next, a toning aromatherapeutic body massage with Chinese Bamboo sticks invigorates the body while controlling the appearance of cellulite and enhancing sculpting results. The specialized techniques are both vibrational and gentle, bringing lightness, energy and contour to the legs and gluteal muscles. You'll leave this luxurious full body slimming treatment noticeably more toned and with a deep sense of relaxation and well-being.

### GARDEN HARVEST WRAP

80 minutes | \$350

Gentle, yet invigorating body brushing stimulates the lymphatic system to encourage the removal of toxins and prepare the body for a soothing white clay mask and body wrap followed by a massage with our blend of antioxidant-rich body soufflé and seasonal fresh herbs from the Bardessono Organic Garden. Your skin is soft and moisturized. Extend the results at home with your complimentary body brush.

## Massage Therapies

### **b MASSAGE**

50/80 minutes | \$225/\$325

This signature massage allows you to choose from two Bardessono custom blends of aromatic oils synergistically combined with rhythmic, free-style techniques that are performed in harmony for relief from muscle tension and to promote deep relaxation.

### **MATERNITY**

50/80 minutes | \$225/\$325

A customized massage to meet the distinct needs of our pre and post-natal guests for relief from muscle fatigue, lower back pain and increased strain on bones, muscles and ligaments.

### **SALT STONE MASSAGE**

80 minutes (available in Spa Center) | \$350

Himalayan salt stones are warmed and applied to targeted areas for increased circulation, mineral absorption and release of negative ions that help elevate your mood while easing muscle tightness.

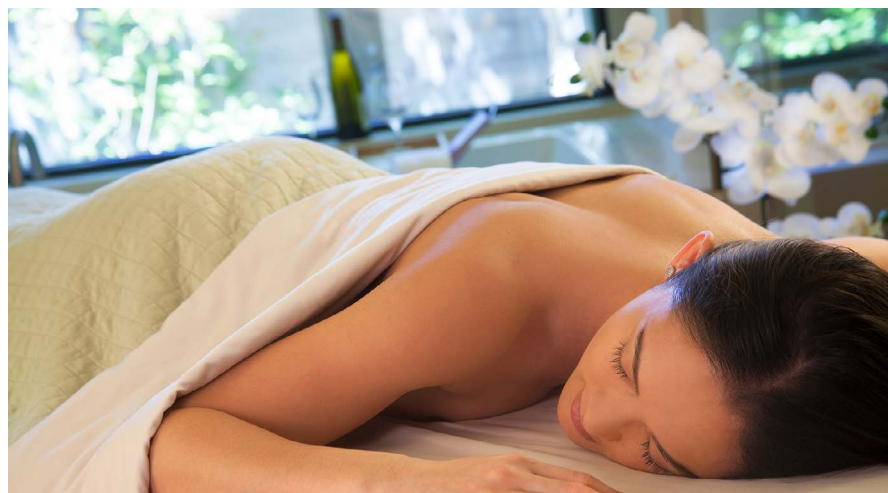
### **b-CONNECTED**

*Enjoy any of our body therapies as a couples service for a deeper sense of connection (priced per person).*

### **AROMAFUSION**

50/80 minutes | \$250/\$350

A sensory escape devoted to total body wellness featuring warm floral essential oils to nourish the skin and an aromatherapeutic body massage with heated, mineral rich volcanic stones to release deep muscle tension. Digitopressure techniques specifically for hands and feet help eliminate blockages of the body's subtle energy or "Chi". This massage awakens your senses and boosts you during times of physical or mental fatigue by improving the body's microcirculation, deeply eliminating toxins, and imparting a blissful feeling of overall wellness.



## Enhancement Therapies

Wellness additions to elevate your services and create a more personal spa journey.

These enhancements are performed within the time frame of your service and do not add additional time to your service

### **CBD**

\$40

Locally made CBD infused with eight pain relieving herbs including arnica, ginger and chamomile along with organically grown broad spectrum hemp oil.

### **SCALP THERAPY**

\$40

A luxurious scalp massage with warm conditioning hair oil.

### **EYE & LIP SCULPT**

\$40

Smooth fine lines while de-puffing the eyes and plumping the lips with an advanced multi-faceted technique including collagen, cooling globes and massage.

## Bathing Therapies

Slip into your robe, relax and enjoy a personalized bathing ritual from one of our exclusive Bardessono Bath Butlers in the unhurried luxury of your resort suite.



### LAVENDER CLOUD BATH

\$195

Drift into bliss with an herbal-infused lavender and chamomile bath to quiet the mind and still the body for deep rest and restoration. *(Includes candle and lavender roll-on)*

### CBD WELLNESS BATH

\$195

Sink into relaxation with spa-grade, antioxidant rich CBD oil, soothing Epsom salt and arnica. Decrease stress, pain and inflammation while softening the skin with nourishing Shea and coconut oils. *(Includes 1oz CBD massage oil)*

### AROMA BATH & BUBBLES

\$225

Breathe deeply as you soak in a soothing aromatherapy bubble bath of essential oils while sipping the season's select Napa Valley champagne *(bottle included)*.

## Wellness Therapies

Center yourself with mindful movement to decrease stress, improve, sleep and promote a healthy lifestyle. Please inform the spa concierge at the time of booking on which style of yoga you would like to experience. Classes require booking 24 hours prior to appointment time.

### YOGA

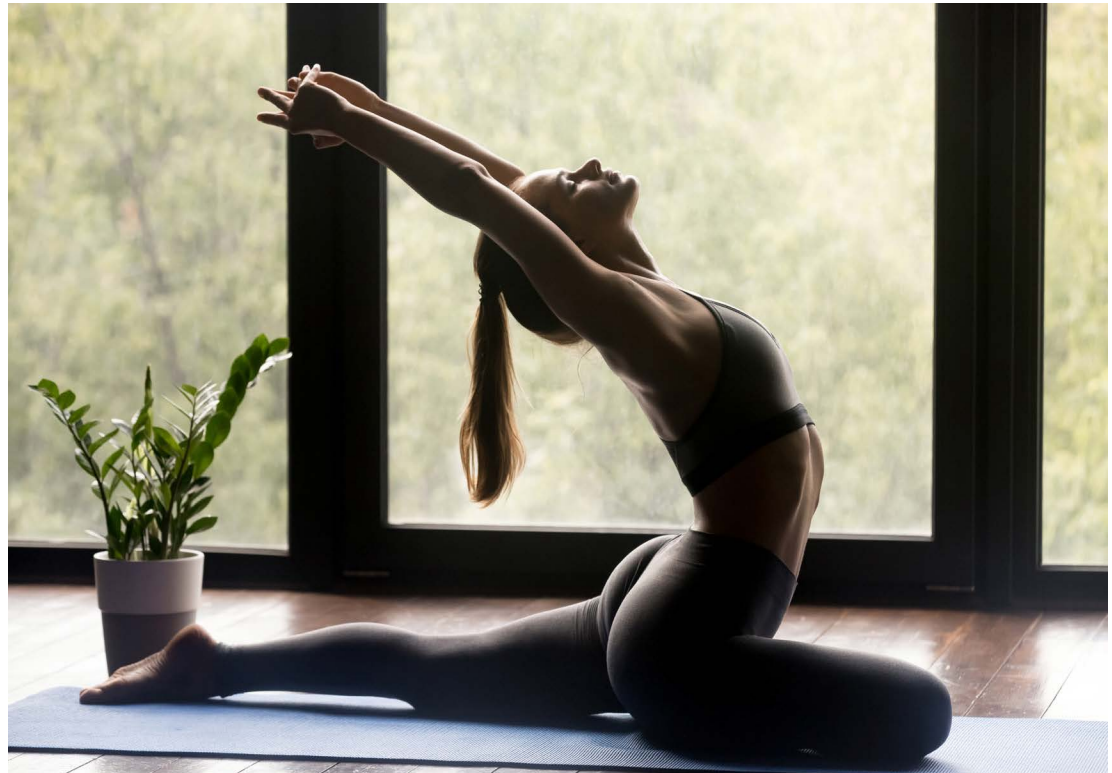
Private lesson | 60 minutes | 1-2 guests | \$350

All classes are tailored to fit your individual needs. Pricing is per class (subject to change).

### GUIDED MEDITATION

Private session | 30 minutes | 1-2 guests | \$225

A guided meditation experience designed to calm the mind, relax the body and center the soul.





## Policies

### **DISCONNECT TO RECONNECT**

Cell phone use is not permitted in the b Spa Therapy Center.

### **SPA CANCELLATION POLICY**

As a courtesy to other guests and our therapists, if you need to cancel or reschedule an appointment, please give a 24-hour notice to avoid a 100% cancellation charge. Group cancellations require one week's notice to avoid a 100% charge. A late arrival may affect the length of your treatment time and will result in full charge for your originally scheduled treatment.

### **SERVICE CHARGE**

Treatment prices do not include gratuities. For your convenience, a 21% service charge will be added to all services.

### **SPA HOURS**

Sunday-Thursday 9:00am to 6:00pm and Friday-Saturday from 9:00am to 7:00pm